



Secondary 3
Parent Engagement Session

Journeying with your Child in NV 8 July 2025 (Tuesday) 8.00 am - 9.30 am



#### **Gentle Reminders:**

- (1) Please switch your mobile phones to silent or vibration mode.
- (2) Today's slides will be uploaded on the school's website.



#### **NORTH VISTA SECONDARY SCHOOL**

Time 8.00am to 8.20am	<ul> <li>Programme</li> <li>Introduction &amp; Programme Outline for Sec 3 Session</li> <li>Opening Address by Principal, Mr Yap</li> </ul>
8.25am to 8.55am [Group 1 @ LT] 8.55am to 9.30am [Group 2 @ SR5]	<ul> <li>Affective Matters</li> <li>Semester 1 Recap &amp; Semester 2 Preview</li> <li>Supporting Your Child's Well-being</li> <li>Academic Matters</li> <li>Promotion criteria and lateral Transfer</li> <li>Preparation for End-of-year exams</li> <li>Academic support</li> </ul>
8.25am to 8.55am [Group 2 @ SR5] 8.55am to 9.30am [Group 1 @ LT]	Post-Secondary Pathway Options  • Pathway options after Sec 4/5

Note: Each group will remain in their assigned location. The speakers will rotate between venues.



	School Representatives					
	Principal	Mr Yap Thiam Chuan				
	Vice-Principal	Mr Krishnan Pillay				
	Vice-Principal	Ms Wu Xiaoyuan				
	Vice-Principal	Mr Kwek Chin Leong				
/	Year Head/ Upper Sec	Mdm Sri Devi				
	Assistant Year Head/ Sec 3	Mrs Chng-Lee Lu Xian				
1	HOD/Applied and Creative studies	Mrs Lucia Leong				
١	Lead Teacher/ Nutrition Food Science	Mrs Lily Theodore				
	ECG Counsellor	Ms Jaslyn Shalini A R				



## Principal's Welcome Address

Mr Yap Thiam Chuan



## **Affective Matters**

Sec 3 AYH Mrs Chng-Lee Lu Xian



## **Scope of Sharing**

- Team of Teachers
- Semester 1 Recap & Semester 2 Preview
- Supporting Your Child's Well-being



#### NORTH VISTA SECONDARY SCHOOL

## **Team of Teachers**

Class	Form Teachers	Class	Form Teachers
3 -A	Natasha Kirenjit Singh (Ms)* Nur Shereen Zulkeplee (Mdm)  Javier Yon (Mr)	3 –E	Ong Yong Hui (Mr)  Junie Ong (Mrs)
3 –B	Dino Loo (Ms) Nadia Mohamad Ali (Ms) Lily Theodore (Mrs)	3 –F	Tan Jia Rong (Mr) Victor Lam Tuck Thai (Mr) Debbie Wong (Ms)
3 -C	Mohamed Hafeez Mohd Ali (Mr)  Lucia Leong (Mrs)	3 –G	Leow Li Wei (Mrs) Lim Zi Qi (Ms)
3 -D	Alvina Koh (Ms) Anna Stephen (Mrs)	3 -H	Khairiyah Sabina Jumari (Ms)  Tan Keng Wee (Mr)



#### **Semester 1 Events**

## Snapshots of Semester 1

Let's watch a video capturing some highlights from Semester 1.





#### Plan for Semester 2

- Growth Mindset Workshop
- Education and Career Guidance (ECG) Workshops/ Talks
- Post-Exam Activities:
  - Secondary 3 Learning Journeys: Industry Exposure and Growth Mindset Application
  - Sec 3 Motivational Workshop: Know Your Strengths



## Supporting my child/ward in Secondary 3

#### **Thriving**

"I've got this! Yes, I can!"

Can manage and express emotions effectively most of the time

Able to develop/ maintain positive relationships with others

Able to regulate use of devices

Has a "can do" spirit

Maintains a balanced lifestyle with physical activity and sufficient sleep

Able to regulate mood and expressions of negative emotions

#### Coping

"Most times, I'm ok! Sometimes, things don't feel ok."

At times, finds it difficult to manage emotions but able to express these feelings

With some help or reminders, uses strategies (e.g. Taking deep breaths, positive selftalk) to manage stressful moments

Able to form some positive relationships

With help or reminders, able to regulate use of devices

Does not always sleep sufficiently, moodiness sets in when tired

#### Struggling

"I can't seem to do it, urgh."

Has meltdowns or becomes withdrawn when experiencing an overflow of emotions

Is often irritable, sulky or struggles to hold a calm conversation with others due to impatience, frustration or tiredness

Avoids social interactions and is reliant on device interactions instead

Sends or posts moody and/or depressing messages on social media

Often struggles to fall asleep, hence moody and weary

#### Unwell

"I can't do this, or I don't even know why I feel like this. I give up."

If you notice your child exhibiting signs of social-emotional struggles (see 'Struggling' column) and your efforts to reach out to provide support have been unsuccessful, it might be time to seek help for them.

Support can come from a family friend, a counsellor or a healthcare professional.

Help is available, you and your child are not alone. Start with speaking to the school.

## #1 KNOW

Knowing where our child is along the continuum is an important first step.
Our understanding and empathy will support his/her social emotional wellbeing.

Social- Emotional Well-Being Continuum

For more information, please go to <a href="https://file.go.gov.sg/pk-cantstop-thefeelings.pdf">https://file.go.gov.sg/pk-cantstop-thefeelings.pdf</a>

From Parent Kit, Ministry of Education Singapore



## Supporting my child/ward in Secondary 3

## #2 C.A.R.E

One way to support our children's well-being is to develop their social-emotional skills. Let's also practise C.A.R.E.



Chat: Make time for one-to-one conversations- this shows our children that we value their thoughts and feelings, that the matter to us.

Affirm and encourage them. Tell them you are proud of them when they make and act on responsible decisions.

Role-Model: Show, not tell. Our children learn best from watching our actions.

Empower: Give our children choice and hone their problem-solving skills

From Parent Kit, Ministry of Education Singapore



## **Academic Matters**

HOD - Applied and Creative Studies
Mrs Lucia Leong



## **Scope of Sharing**

Academic Calendar for Semester 2

#### Other Academic Matters

- Promotion Criteria
- Assessment Weighting
- Academic Support
- 2026 AcademicTimeline



#### **Academic Calendar in Semester 2 - Term 3**

Week / Date	Event	Students involved
Week 4 - 8	Weighted Assessment 3	All
Week 3 [14 July - 18 July]	GCE O-Level MTL Oral Exam	HMTL students
Week 8 [22 Aug]	EL Oral Examination	3 Ехр
Week 10 [3 Sept]	Issue of Progress Report	All



#### **Academic Calendar in Semester 2 - Term 4**

Week / Date	Event	Students involved
Week 2 - 4 [23 Sept - 8 Oct]	End-of-Year Exam	All
Week 4 [9 Oct - 10 Oct]	Marking Day	All
Week 5 [13 Oct - 17 Oct]	Script Checking	All
Week 6 [24 Oct]	Last Day of Term 4	All



#### **Timeline for End-of-Year Examination**

#### **Duration**:

23 Sept - 8 Oct

#### **Exam Timetable**:

Will be distributed to students by 15 Aug

#### **Exam Topics and Format**:

Will be uploaded on School Website by 15 Aug



#### NORTH VISTA SECONDARY SCHOOL

## **Promotion Criteria (Express)**

Stream	Minimum Attainment Level		
Express	Grade 6 or better in EL and 2 other subjects		

Scoring (Express)				
Grade	Marks			
A1	75 and above			
A2	70-74			
В3	65-69			
B4	60-64			
C5	55-59			
C6	<del>50-54</del>			
D7	45-49			
E8	40-44			
F9	Below 40			



## **Demands of Upper Sec Curriculum**

O & N-Level Syllabus Coverage in Sec 3 & 4

Sec 3 Sec 4

More breadth and depth in content
 Application of content
 Analysing information, evaluation and draw conclusions



## **Assessment Weighting**

Seme	ster 1	Semester 2		
Weighted	Weighted	Weighted	Semestral	
Assessment 1	Assessment 2	Assessment 3	Assessment	
(WA1)	(WA2)	(WA3)	(EYE)	
Alternative	Alternative	Alternative	55%	
Assessment OR	Assessment OR	Assessment OR		
Test 1	Test 2	Test 3		
(15%)	(15%)	(15%)		

There will be no more than one weighted assessment per subject, per school term.



## **Academic Support**

	Monday	Tuesday	Wednesday	Thursday	Friday
ODD Week	Humanities	Art / DT / ESS / NFS	Math	Science (Physics / Biology)	Mother Tongue Languages
EVEN Week	English	Science (Chemistry)	A Math	Ad-hoc consultation	Humanities

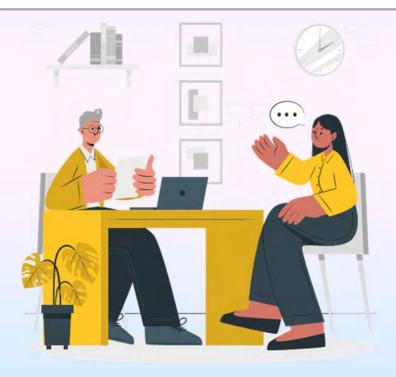


## **Academic Support**

Individual face-to-face/ e-Consultations for students who need additional help or have clarifications on content taught

#### **Dept-based learning sessions:**

- Focused on certain topics/ areas of need
- Students will be informed by their subject teachers in advance if they are required to attend the sessions and of the start/end time for each session





#### NORTH VISTA SECONDARY SCHOOL

Jan / Feb Commencement of O-Level Art / ESS / DT / NFS Coursework

May / June

July

Application for DSA – JC (May)
Application for EAE – Polytechnic (Late June)

O-Level MT Paper 1 and 2 (June)

DS

EAE – Polytechnic Interview (July – Aug / Sept)
DSA – JC (Phrase 1 Outcome / Acceptance of Offer)

O-Level MT Listening Comprehension Exam O-Level / N Level English & MT Oral Exam O-Level ESS / D&T Coursework Deadline



#### NORTH VISTA SECONDARY SCHOOL

DSA – JC (Phrase 1 Acceptance of Offer) DSA – JC (Phrase 2 Outcome) EAE – Polytechnic Offer Stage (July – Sept) **August** O-Level NFS Coursework Deadline O-Level Preliminary Exam DSA – JC (Phrase 2 Acceptance of Offer) **September** O-Level Art Coursework Deadline O-Level Science Practical Exam October O-Level Written Examination **November** O-Level Written Examination



## **Parental Support**

#### 1) Importance of 3 "A"

**Attendance**: Be present and punctual

Attention: Remind your child to get enough sleep so

that he/she can focus on learning

Attitude: Foster habits of self-discipline and

handing in work consistently

- 2) Monitor your child's learning and progress at home
- 3) Encourage your child to allocate time for revision daily
- 4) Advise your child to reach out to his/her teachers when in doubts

# YOUR CHILD'S EDUCATION JOURNEY

TAKING THE NEXT STEP FORWARD

## My role as a ECG Counsellor ...

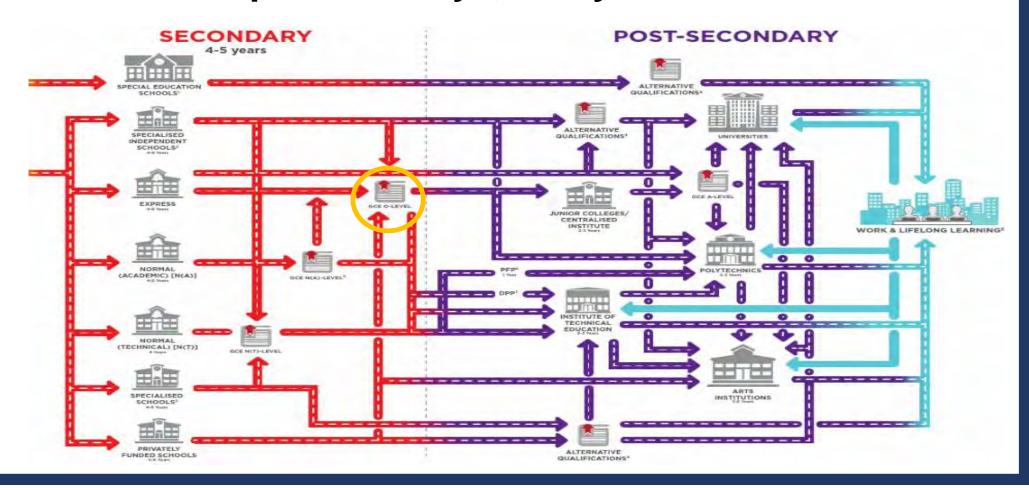
is to guide students using these questions to explore their strengths, interests and aspirations so they can make informed decisions about their education and career plans, own them and stay relevant, adaptable and resilient!



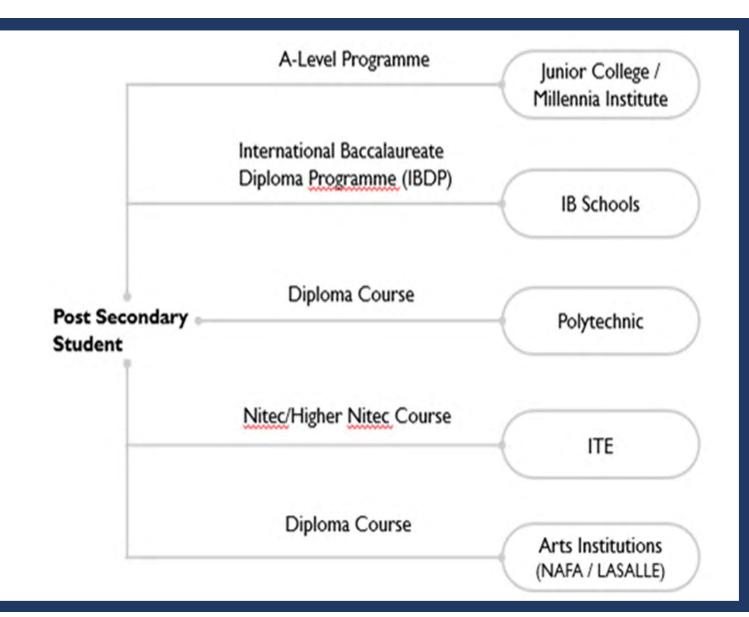
The GCE O-Level/N-Level is one of many milestones in your child's education journey.

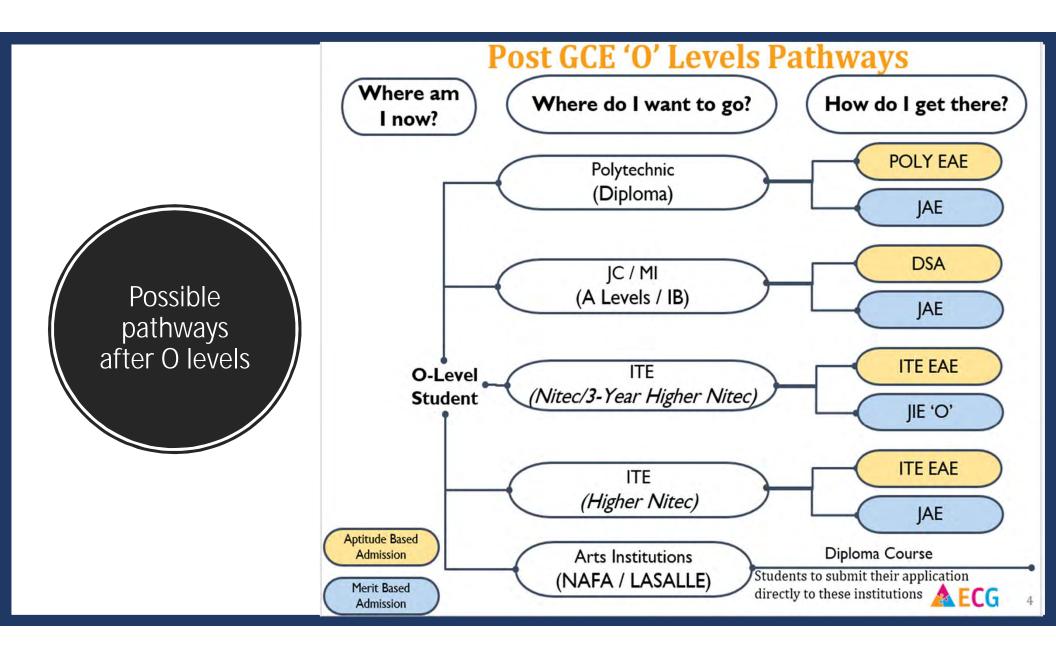
The next step of their journey is filled with many opportunities and pathways for them to explore!

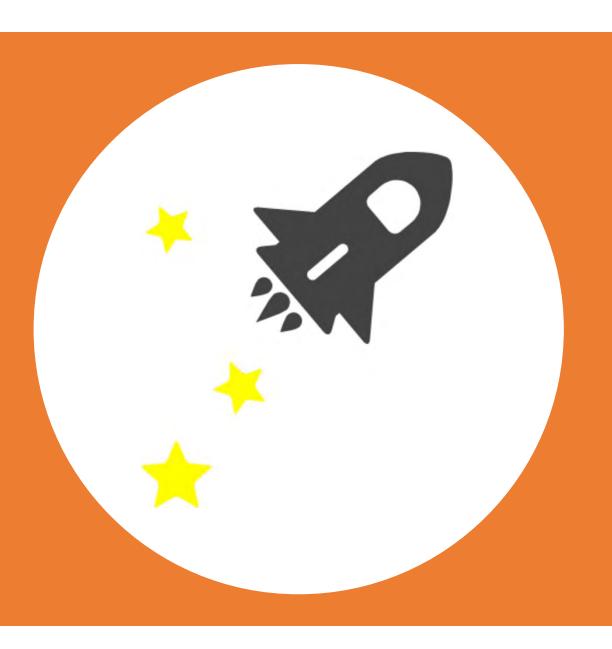
## So, What's Next after Sec Sch? Multiple Pathways, Many Possibilities



## Postsecondary Possibilities







# The A-level programme

## Junior College (JC) Courses (2-Year Duration)

	A-Level				International	
		Arts	Science		Baccalaureate	
JC Name	Course Code	L1R5 Net Aggregate Range for Previous (2024) JAE	Course Code	Net L1R5 Range for Previous (2024) JAE	Course Code	L1R5 net Aggregate Range for Previous (2024) JAE
Anderson Serangoon Junior College	39A	8 to 11	398	3 to 10		
Anglo-Chinese Junior College	22A	2 to 9	228	2 to 8	9	(4)
Anglo-Chinese School (Independent)	-	-		2	511	2 to 4
Catholic Junior College	23A	8 to 13	23S	7 to 12		
Dunman High School	44A	2 to 8	448	2 to 7	-	-
Eunoia Junior College	38A	3 to 7	38S	2 to 6		-
Hwa Chong Institution	24A	2 to 5	248	2 to 4		-
Jurong Pioneer Junior College	40A	9 to 15	408	5 to 14		-
Nanyang Junior College	26A	3 to 6	26S	2 to 5	-	-
National Junior College	27A	6 to 8	278	2 to 7	- 64	
Raffles Institution	28A	2 to 5	28S	2 to 4	-	-
River Valley High School	45A	7 to 9	458	5 to 8	-	
St. Andrew's Junior College	30A	5 to 10	308	3 to 9		
St. Joseph's Institution	-	-	-	2	521	2 to 6
Tampines Meridian Junior College	41A	4 to 13	41S	6 to 12	-	1
Temasek Junior College	32A	6 to 8	328	2 to 7		-
Victoria Junior College	33A	2 to 8	338	2 to 6	-	-
Yishun Innova Junior College	42A	10 to 18	428	6 to 20		

## **A-Level Programme**

To be eligible for admission to a junior college (JC) course, students must meet these **2 criteria**:

- 1. Your L1R5 gross aggregate score (before bonus points) must not exceed 20.
- 2. Meet the grade requirements for specific subjects.

# Calculating the L1R5

L1R5	Subjects				
L1	English or Higher Mother Tongue				
R1	R1 Any 1 best-scoring subject from <a href="Humanities/Higher Art/Higher Music/Malassage">Higher Art/Higher Music/Malassage</a> <a href="Special Programme/Chinese Special Programmes/">Special Programmes/</a>				
R2	Any 1 best-scoring subject from Mathematics or Science				
R3	Any 1 best-scoring subject Humanities, Higher Art, Higher Music, Malay (Special Programme), Chinese (Special Programme), Mathematics or Science				
R4	Any GCE O-Level subjects (except Religious Knowledge)				
R5	Any GCE O-Level subjects (except Religious Knowledge)				

## Millenia Institute – 3 Yr A-Level Programme

## Millennia Institute (MI) Courses (3-Year Duration)

School Name	- 1/2	A-Level					
		Arts		Commerce		ence	
	Course Code	Net L1R4 Range for Previous (2024) JAE	Course Code	Net L1R4 Range for Previous (2024) JAE	Course Code	Net L1R4 Range for Previous (2024) JAE	
Millennia Institute	43A	9 to 19	43C	8 to 19	438	6 to 17	

## Calculating the L1R4 (for Millenia Institute only)

L1R5	Subjects
L1	English or Higher Mother Tongue
R1	Any 2 best-scoring subject Humanities, Higher Art, Higher Music, Malay
R2	(Special Programme), Chinese (Special Programme), Mathematics or Scien
R3	
R4	Any2 GCE O-Level subjects (except Religious Knowledge)

# What cannot be used for aggregate computation

#### You **cannot** use:

The grades of Higher Mother Tongue Language and Mother Tongue Language in the same aggregate computation.

For example, if Higher Chinese is used as the first language (L1), Chinese cannot be used as a relevant subject (R1 to R5).

#### Grade requirements for specific subjects

Subject	Grade
English Language	1-6
Mathematics (Elementary/ Additional)	1-7
<ul> <li>Any 1 Mother Tongue Language (MTL)</li> <li>MTL: Chinese, Malay, Tamil</li> <li>MTL approved by MOE in lieu of an official MTL (MTL-in-lieu):         Arabic, Bengali, Burmese, French, German, Gujarati, Hindi, Japanese, Punjabi, Thai, Urdu     </li> </ul>	<ul> <li>MTL or MTL-in-lieu: 1-7</li> <li>Higher MTL: 1-8</li> <li>'B' Syllabus: Merit or Pass</li> <li>Note: There is no Higher level or 'B' Syllabus for MTL-in-lieu.</li> </ul>

S/No	Type of Bonus Points	No. of Bonus Points	Maximum Bo Allow	A 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
1	For students seeking admission to JC/MI/polytechnic/ITE and with the following co-curricular attainments/grades:  a. Excellent, A1 – A2 b. Good, B3 – C6	2 points 1 point		
2	For students seeking admission to JC/MI courses and with grades of A1 to C6 in both their first languages (i.e. English and a Higher Mother Tongue).	2 points		
3	For students seeking admission to JC/MI courses and with grades of A1 to C6 in Malay/Chinese (Special Programme) (MSP/CSP) or Bahasa Indonesia (BI) as their third language.	2 points	Limited to a maximum of 4 bonus points for these 4 types.	Limited to a maximum of 6 bonus points.
4	For students from feeder schools if they choose their affiliated junior college course(s) as their:  a. 1 <sup>st</sup> choice, <u>or</u> b. 1 <sup>st</sup> and 2 <sup>nd</sup> choices.  Please refer to <b>Annex D</b> for information on affiliated	2 points		
5	For students who have applied for the CLEP/MLEP/TLEP and have been selected for the programme.	2 points		

#### Criteria for conditional admission

If you have sat for the subject but **did not** obtain the minimum grade stated above, you are eligible for conditional admission when you meet one of these criteria:

- L1R5≤15
- L1R5 from 16 to 20 and have grades of A1 or A2 in all the 5 relevant subjects

If you did not obtain the minimum required grade for an O-Level subject

^

You must resit for the subject and obtain the required grade by the end of Year 1 in JC. If you fail to do so, you will be transferred to Year 2 of a course in Millennia Institute (MI).

## A-Level Programme

+ 1 x H1 subject

1 subject from above must be a contrasting subject

#### Science Stream

3 x H2

subjects

Biology, Chemistry, Physics, Mathematics, Further Mathematics Computing\*

#### **Arts Stream**

Art, Economics, Geography, History, Literature/English Language and Linguistics\*

General Paper + Mother Tongue + Project Work

\*Offered only at certain JCs.
List of JC subjects and poly courses are non-exhaustive.

### **DSA-JC**



#### **About DSA-JC**

- Direct School Admission-Junior College (DSA-JC) allows students to apply to a DSA-JC before taking the GCE O-Level examinations.
- The students can apply based on their talent in either academic or non-academic areas such as sports, CCAs, leadership and other areas of expertise, that may not be demonstrated at the O-Level examinations.

Source: MOE Singapore

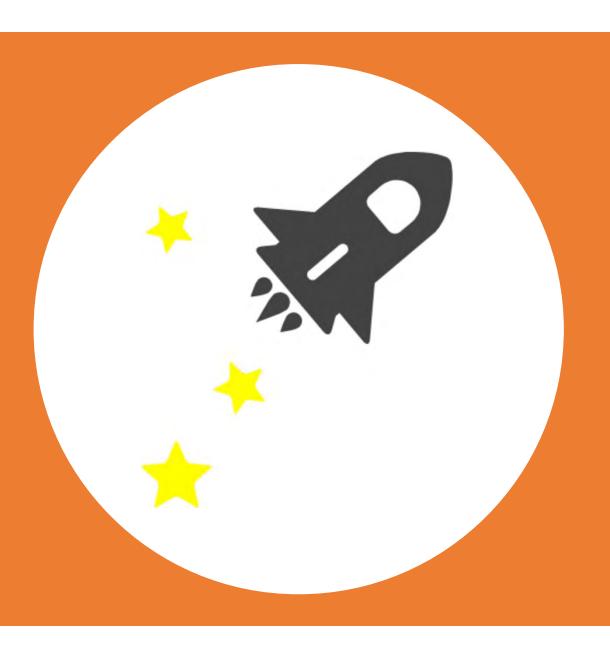
#### **DSA-JC Talent Areas**

- Refer to participating schools' websites for specific details as each school's requirements varies
- Some possible talent areas:-
  - Sports (e.g. Top 4 finish in zonal inter-school competitions) OR
  - Performing Arts (e.g. SYF participation and awards received) OR
  - Leadership\* (e.g. school-wide leadership or record of effective leadership) OR
  - Debate (e.g. national or zonal competitions) OR
  - Academic (e.g. science research, mathematical Olympiads or proficiency/achievements in art/music/languages)

#### **DSA-JC Interview**

\*Interviews and/or Selection trials may be conducted

(Trials and Auditions are conducted either In-Person or Online; refer to participating JC for details)



## Polytechnic Education

## **Applied Learning Institutions**











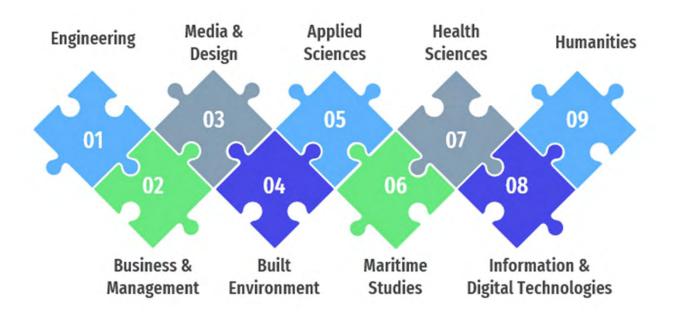








#### **Course Clusters in Polytechnic**



### Calculating the ELR2B2

#### Polytechnic Diploma Courses - ELR2B2 Aggregate Point Calculation

Polytechnic courses are categorised into 4 group types:

Α	Humanities, Language related	
В	Business related	
С	Engineering, Science, InfoComm related	
D	D Design and media related	

For each Group Type, the R2 may differ.





#### ELR2B2 after CCA bonus ≤ 26

#### **Group A [Media & Communications/Humanities]**

**EL: English** 

R1: Art/Humanities/Music

R2: Math/MT/Humanities/D&T/F&N

**B2: Best 2 subjects** 

#### **Group C [Applied Science/Engineering/ICT]**

**EL: English** 

R1: Math

R2: Science/Electronics/D&T/F&N

**B2: Best 2 subjects** 

#### **Group B [Business/Hospitality]**

**EL: English** 

R1: Math

R2: Humanities/Art

**B2: Best 2 subjects** 

#### **Group D [Design/Architecture]**

**EL: English** 

R1: Math

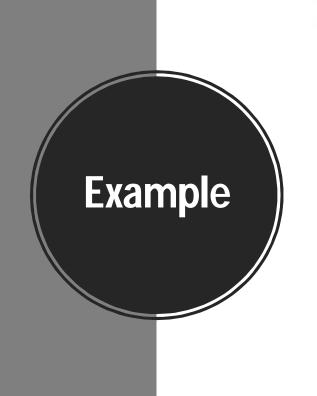
R2: Science/ART/D&T/F&N

**B2: Best 2 subjects** 

2

**Course Specific Minimum Entry Requirements – Pass in ELR2** 





#### Amy wants to apply for a type B course. She has a CCA grade of A2.

		She has a cen	grade
Polytechnic Course:	Grade	Aggregate	
Accountancy @ SP		point	

	_	(Tick ELR2B2)
English	B4	4
E. Math	В3	3
Comb. Science	A2	2
SS/History	В3	3
POA	C6	6
MT	B3	3

+

IOA	OA   CO	
MT	B3	3
	Raw ELR2B2	15
	Less: CCA Bonus Pts	-2
	Net ELR2B2	13
	2023 JAE net cut-off	12
	Meet Min. Entry	Yes / No

CCA Grade	Bonus points
Excellent or Grades A1-	2 points
A2	
Good or Grades B3 - C6	1 point

## Poly **Early Admission Exercise**



#### **EAE**

- An aptitude-based admissions exercise
- Students to apply for admission to polytechnic prior to taking their O-Level exam
- Students are selected based on their aptitudes and interest, apart from academic grades
- Students receive conditional offers for admission to polytechnics <u>prior</u> to receiving their O-Level grades
- All 5 polytechnics participate in Poly EAE







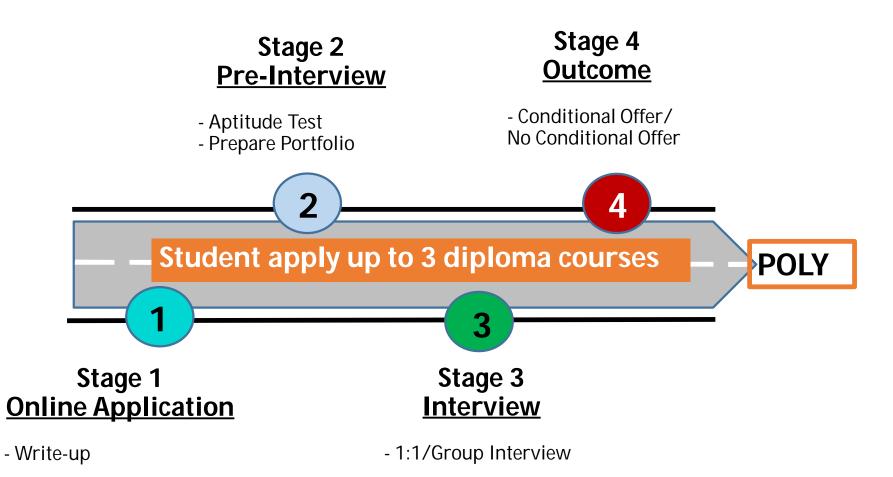




#### **Poly EAE Eligible Applicants**

Prefers a Diploma education that prepares one for the workforce and a hands-on experience

#### **Overview Of Poly EAE Stages**



#### **Online Application Write-Up**

2 types of write-up

600 Characters Course-Specific

Strong Aptitude & Passion in the course-specific areas

1000 Characters
Talents /
Achievements

E.g, entrepreneurship, leadership, community services, arts & sports

POLY EAE Process: Stage 1 – Application

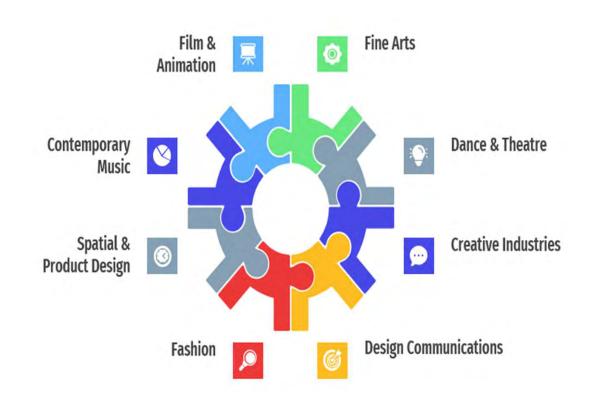
Factors	JC	Poly
Learning Environment	Classrooms and Lecture halls	Lecture halls, online lectures, tutorial rooms, labs and other industry-relevant learning spaces
Learning style	Able to go deep into theories, understand concepts from textbook and apply them academically	Hands-on learning via projects and presentations. Independent learning, collaborative experiences
Grading	One major national exam – A Levels	GPA is cumulative – consistent effort is required. Attendance and class participation matters
Implication	Going deep academically Explore various subjects as they consider their aspirations	Industry-ready upon graduation Foundation built to enter world of work Tertiary experience before Uni



## Academic Schools at Arts Institutions

NAFA
Diploma
(nafa.edu.sg);
Degree
(nafa.edu.sg)

Lasalle
Schools | LASALLE
College of the Arts



### NAFA Foundation Programme (NFP) for NA Students

#### **Core modules**

- Language and Communication
- Mathematical Literacy
- Understanding the Arts
- Learning and Technology
- Research and Enquiry



#### **Pathway Elective modules from**

- School of Art & Design,
- School of Arts Management, Dance & Theatre or
- School of Music

#### **Studio Practice module**



#### **Secondary 5 for NA Students**

- 1 ELMAB3 before CCA bonus ≤ 19
- Progression to GCE 'O' Level and thereafter to JC/ITE/Poly OR Arts Institutions



#### **Grade Mapping Table**

Exp Subject Grades	NA Subject Grades
A1, A2, B3	1
B4, C5, C6	2
D7	3
E8	4
F9 (cannot be	5
counted for	
EMB3 for	
PFP/DPP)	

NA Subject Grades	ITE aggregate points
1-3	1
4	2
5	3
6/U	4

RESTRICTED \ NON-SENSITIVI



## How can you partner your child in this decision-making process

### Which education pathway will best cater to your child's V.I.P.S, strengths and learning styles?



**Education & Career Guidance** 

#### How to work on your child's Education and Career Plan!

- Explore and Research on
  - education pathways, educational institutions and courses
  - industries and job roles
     that can lead to my career aspirations

 Discover their Values, Interests, Personality, Skills (V.I.P.S) and Strengths and how they can/want to contribute to the community/society



- Develop skills & gain experiences
- Develop S.M.A.R.T goals & action plans
- Approach significant others to consult
- Be open-minded and prepared for possible opportunities
- Be adaptable and open-minded to tap on new opportunities and possibilities
- Continue to learn and grow

**Education & Career Guidance** 

#### Make an ECG Plan

List your tentative education and/or career goals

Reflect on the purpose of these goals

Breakdown the big goals into smaller tangible steps [SMART goals]

Brainstorm potential obstacles which might be stopping you from achieving the goals and ways to deal with them

Discuss your plan with one or two persons (eg, your parent/teacher/ECG Counsellor) who can support you in this journey









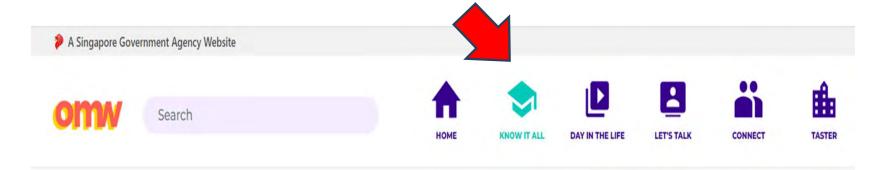




#### On My Way Portal







#### **KNOW IT ALL**

Lesser known facts, handy tips and answers to common questions, we've got it all! Explore our growing list of job roles to get an indepth idea of what different jobs entail.





#### On My Way Portal







Search

















DAY IN THE LIFE

**BROWSE ALL** 

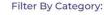




Did you know that Journalists favour simple words over complex ones when writing articles? Discover more journalism tidbits like this from a TODAY Journalist.

By National Youth Council

#Journalist, #Communications&NewMedia



Communications&NewMedia



#### A Day in the Life of a Marketing Manager

Marketing Managers help with product ideation, not just marketing campaigns. Find out what a Marketing Manager's day looks like at Unilever.

By National Youth Council

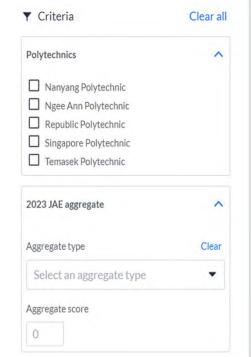
#Communications&NewMedia, #MarketingExecutive





#### CourseFinder













#### **Explore MySkillsFuture Student** Portal



About Know Yourself World of Work Education Guide Help Feedback





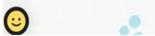




- MOE Website
- Student Learning Space
- Early Admission Exercise
- ly Foundation Programme
- NAFA Foundation Programme
- SP-CCA Athletics
- Art Elective Programme (AEP)
- Enhanced Art Programme (EAP)
- Music Elective Programme (MEP)
- Enhanced Music Programme (EMP)
- Applied Learning Programme (ALP)
- Learning for Life Programme (LLP)

- Find out more about your further education and career options.
- Know your strengths, interests and career values to help you to make an informed education and career decision.

#### Find out more about yourself



Everyone has a set of unique attributes. The more you know about what you value, what you and what you are good at, the more likely you will be able to make good choices in your educ

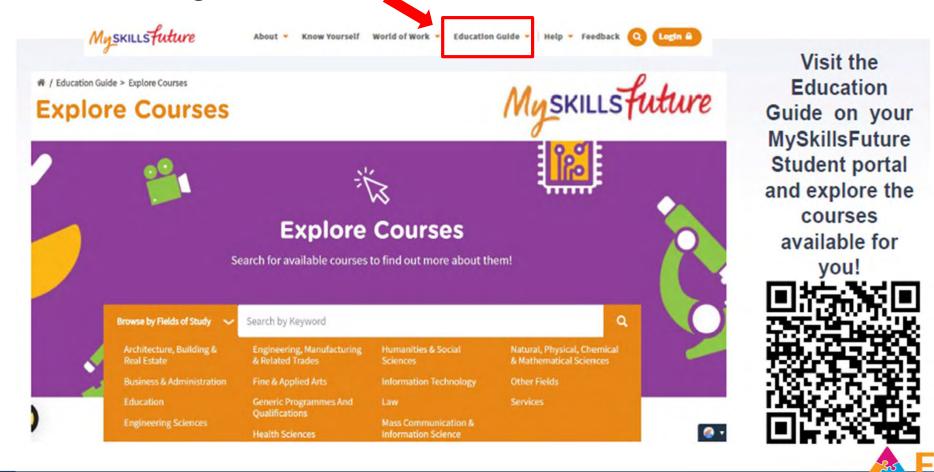
https://go.gov.sg/mysfsec







## **Explore Courses in MySkillsFuture Student Portal**





#### **Explore World of Work in MySkillsFuture Student Portal**



**Know Yourself** 

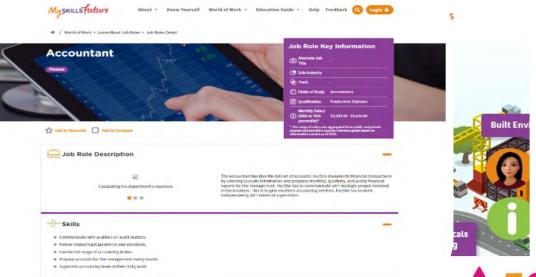
World of Work

Education Guide - Help - Feedback Q

☆ / World of Work > Singapore Industry Landscape

#### **Singapore Industry Landscape**





#### Resources for parents



**ECG** 

#### **Resources for parents**

#### Where do you go from here?

Now that you have thought about your own beliefs, it is time to get to know your children better too. This means talking to them about their values, interests, personality, skills, strengths, and education and career aspirations, as well as exploring platforms and opportunities to achieve these aspirations.

Not sure how to start? Here's a checklist of topics:

#### What I Know About My Children

Tick against all that apply.

1 know my children's...

Values

Interests

Personality

Skills

Strengths

Aspirations

Reasons which motivate them to seek growth in work and life

Now that you have gone over this checklist, it is now timely to start a conversation with your children.

When conversing with your children, do:

- stay open to the possible education and career pathways that are available and be flexible in discussing these pathways with your children and,
- offer advice but avoid pressuring your children based on your own expectations and experiences.

Read on for more tips!

Journeying With Our Children, Supporting Their Aspiratio

3 Tips to Support Your Children's Education and Career Journey



**1** Discovering Purpose

#### Guide your children to make informed decisions and own them

Pay attention to the values, interests, personality, skills, and strengths your children display in various activities and interactions and affirm them to build their confidence. Discuss important considerations with your children when they are making education and career decisions. Empower them to take ownership of their goals and contribute meaningfully at home, in school and in the community.





https://go.gov.sg/ecg-parent-guide

**SCAN ME** 



for Parents



#### **Conversation Starters**

Set aside time and space where you can speak with, listen to and understand your children's thoughts and feelings. Use the following questions to encourage your children to find out more about themselves.

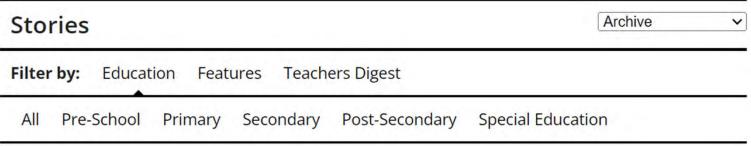
#### For your children in Secondary School:

- What are your favourite subjects and Co-Curricular Activities (CCAs)? What do you like about them?
- How would you want to contribute to our community to make a positive difference?
- What are your goals and aspirations?





#### **MOE SchoolBag News site**





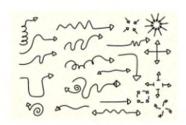
https://go.gov.sg/moe-school--bag



#### Should I choose a subject I'm good at, or one that I love?

When her daughter was in secondary school, author Monica Lim saw the dilemma she was in – the girl's favourite subject was not her best one, so ...





#### 'I'm trying to change my teen's mind about going to JC'

What do you do when your teenager has rigid ideas of academic success? Mum Eveline Gan walks her daughter, who took her O-Level exam this year,

read > share > tweet >

#### **ECG Counselling**



https://go.gov.sg/nvss

**Days: Every Tuesday and Wednesday** 

Time: 9.00am to 5.00pm

Venue: ECG room @ library

Email: Jaslyn\_shalini\_a\_r@schools.gov.sg

Credit: Image from pexels.com



## Q&A Do you have any questions?



Thank you for your time, and we look forward to continuing our journey in nurturing your child/ward together.